Asset Mapping

We all have our own unique strengths. Connect with yours by filling out the asset map on the next page. You can write OR draw your response in the available space, so express yourself in whatever way works best for you!

Expand it!

Use your asset maps to play One-Minute Expert together as a class. Here’s how it goes:

- Choose a volunteer to pick one of the strengths from their map - from any category
- Set a timer for one minute
- The volunteer has one minute to tell the rest of the class all about the thing they chose. They might teach the class how to do that thing, or talk about why they love it, or just list things about it. As long as they are talking until the timer goes off, they can say whatever they want about their topic (as long as it’s school-appropriate, of course)
- Optional: after the expert is finished speaking, take two or three questions from the audience
- Choose a new volunteer and start over again!
What motivates me?
What am I passionate about?

Heart
What do I know a lot about?
What am I an expert in?

Hands
What skills do I have?
What skills am I working on?

We all have our own unique strengths.
What are your assets?
Write or draw your responses in the spaces provided.