



Childsplay's  
360° Theatre Resources for:

# Recipe for Disaster

by Barry Kornhauser



Sound Design and Music Composition  
by Deborah Wicks La Puma

Co-commissioned by  
La Jolla Playhouse & Childsplay

Directed by David P. Saar

Scenic Design by Ian Wallace

Costume Design by Ingrid Helton

Lighting Design by Joel Thompson

Puppet Designer: Lynne Jennings

Stage Manager: Gretchen Schaefer  
Production Assistant: Jeff Spence

### The Cast

The Apprentice. . . . . Ricky Araiza  
Chef 1. . . . . Kate Haas  
Chef 2. . . . . David Dickinson  
Head of School. . . . . Jon Gentry

April 6, 2013 - April 14, 2013  
Tempe Center for the Arts, Studio  
School Tour: January 28, 2013- May 24, 2013  
Recommended for AGES 5 AND UP

[www.childsplayaz.org](http://www.childsplayaz.org)

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## About *Recipe for Disaster* and Your Theatre Experience

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WHERE EDUCATION AND IMAGINATION  
TAKE FLIGHT

### The Story:

A young apprentice attending cooking school finally reaches his big day, the final exam that will determine his graduation from culinary school. The apprentice is ready to impress the Head of School, the memory of his grandfather, his faithful bird Julia, and the audience by producing a five course meal to be enjoyed by the audience and the Head of School. Trouble starts to brew when two Master Chefs arrive to oversee the Apprentice's examination. While Chef 1 is an earthy and instinctual chef, Chef 2 is refined and intellectual. Chef 1 supervises the Apprentice's first attempt, the appetizer course. But Chef 2 cannot keep his opinions to himself and his interference ruins the appetizer. With no choice but to move on to the soup course, the Apprentice falls under the guidance of Chef 2. This infuriates Chef 1, who plots to undermine her nemesis by spreading a vicious rumor about him. She succeeds, and the distracted Apprentice overcooks his clam chowder. The incivility only grows in the salad course, as each Chef sabotages the other's efforts and a food fight ensues. The Apprentice tries to get the chefs to make peace and is met with disapproval from both chefs. Feathers start to fly as the group moves on to the main course and the tension escalates into a full-fledged fight. With the kitchen lying in ruins, the Headmaster returns and delivers "just deserts" to the ego-driven Chefs. The play ends with the Apprentice preparing a dessert for the Head of School with the help of his dear friend Julia, showing the meaning of friendship and civility.

### Themes/Curricular Ties:

six pillars of character \* bullying \* standing up for yourself \* problem solving \* civility \* culinary arts \* rules \* selfishness vs. working together \* physical comedy \* puppetry



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# The Creation

On September 9, 2009 president Obama was giving a speech on health care. While in the middle of his speech, South Carolina's congressman Joe Wilson yelled, "You lie," to president Obama. President Obama stopped for a moment taken by his action and then continued his speech. This story made major headlines on newspapers, internet and television. Later that night Wilson issue an apology to the president for his actions.

"This evening I let my emotions get the best of me when listening to the President's remarks regarding the coverage of illegal immigrants in the health care bill. While I disagree with the President's statement, my comments were inappropriate and regrettable. I extend sincere apologies to the President for this lack of civility."

In response to this event, Barry Kornhauser (Playwright) and David Saar (Director) wondered, what if their next play was centralized around the topic of civility, and so, the birth of Recipe for Disaster occurred.

## How did the development of this play begin?

**Barry:** Our original inspiration began with a conversation I had with director David Saar shortly after Barack Obama's 2009 State of the Union address, when a Congressman interrupted the speech by shouting that the President was a liar [as noted above]. It was a moment that seemed to capture the rapidly growing and deeply dispiriting breakdown of civil discourse and behavior in our contemporary culture. Because there are manifestations of this everywhere – from Washington DC right down to our own backyards – and because incivility can inflict real and lasting harm, this seemed something worth addressing. On one level, I suppose the play can be thought of as a political allegory. Think about the leaders we elect. Those are the folks we are counting on to plan our national "menu," to cook up ways to best nurture our society. But all too often in recent years, they seem to have lost sight of their purpose, valuing partisan politics over responsible governance. And civility becomes undone as our leaders choose to blame each other for problems rather than work together in a community of mutual respect to solve those problems. As a consequence, little gets accomplished, much is lost, and damage is done. But the very same sorts of consequences occur on a personal level when even a single child fails to value the inherent worth and dignity of another. (The harm caused by bullying is a prime example.)

## You mentioned "nurturing."

**Barry:** Yes, that's why setting our play in a kitchen and peopling it with chefs seemed to be a good metaphorical device. Audiences will meet two "Master Chefs" who are more interested in feeding their egos, than feeding people. It also seemed appropriate to tell our story with a lot of silliness to emphasize how foolish it is to behave badly towards others. The recent goings-on in our nation's capital have been described as a political "circus" (not to mention a "food fight"), so making our chefs rather clownish seemed a fitting choice.

## What have been the evolutionary stages of this project?

**Barry:** As a co-commission between the La Jolla Playhouse and Childsplay in Tempe, Arizona, there has been a lovely sharing of creativity and resources from the get-go. I wrote a scenario and from there we started with a workshop at Childsplay, one which included two of the actors who have now been cast in the play (Ricky Araiza and David Dickinson). We spent a wonderful week playing with ideas and their execution. Director David and Steve McCormick provided feedback and good discussions ensued with our two dramaturgs – Jenny Millinger (of Childsplay) and Gabe Green (of LJP). Another draft resulted, more feedback, and then another workshop here at the Playhouse where another of the cast members joined us (Rae Henderson), along with composer Debbie Wicks LaPuma who began developing the sound and music that would help so beautifully to tell the story, and scenic designer Ian Wallace who had to create a kitchen that was both portable and a bit magic. More discussions, more drafts, and more designers followed. And finally a three-week rehearsal period (and the final actor, Steven Lone) that was a model of ensemble development and one that remained delightfully "civil," a reminder that theatre is a field where those key ingredients of civility - mutual respect and cooperation - keep things cooking!

## If you could use one word to describe each character, what would it be?

**Barry:** That's so difficult. APPRENTICE - Caring. CHEF 1 - Earthy. CHEF 2 - Effete. Head Of School - Uh... I forget. JULIA - Flighty? (Well, she's a bird!)

## Why did you choose the character of Julia to be a bird?

**Barry:** In the original draft of the play, a huge flood from an exploding dishwasher washes the two Master Chefs away. Our hero, the Apprentice, is saved by sitting in the kitchen sink which becomes his little ark. A white dove that he had earlier befriended flies in the kitchen window, carrying an olive branch in her beak. And an olive becomes the beginning of a new meal, a way of starting the world of this kitchen anew. Even without the Biblical reference, a dove of peace seemed the right best friend for our hero, a bird he feeds every day just as he hopes one day to do for people.

## What would you like people to see as the moral of the story?

**Barry:** I hope that our young audiences take away from the play the thought that we should all be respectful and kind to others, not simply because our parents tell us that we're supposed to do so, but because, in fact, it may actually make their lives and those around them more "delicious."



A sneak peek at  
Childsplay's production of:

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### The Story:

Join us in the kitchen as two "master" chefs' constant arguing makes a mess of an important exam for one struggling young apprentice. Culinary chaos ensues, as one chef struggles to top another and the apprentice tries desperately to convince them to put down their spatulas and work together. This hilarious new play mixes physical comedy and music to teach civility in a most delicious way!

### Themes/Curricular Ties:

six pillars of character \* bullying \* standing up for yourself \* problem solving \* civility \* culinary arts \* rules \* selfishness vs. working together \* physical comedy \* puppetry

### Questions to ask before seeing the production:

1. What does civility mean?
2. What does the job of a chef include?
3. What jobs do your parents and grandparents have? Would you ever want to follow in their footsteps?
4. What are the rules of your classroom that contribute to civility or are examples of the six pillars of character?

### Questions to ask after seeing the production:

1. What are some examples of characters being disrespectful to each other in the play?
2. The apprentice is nervous about making a good impression. When have you been nervous about doing something for the first time?
3. What is different about the Apprentice's relationship with Julia and his relationship with the chefs?
4. What is an example of physical comedy that you remember from the play?

### Interesting Internet Links:

- [www.childrensrecipes.com](http://www.childrensrecipes.com) (recipes for kids)
- [www.kidsacookin.org](http://www.kidsacookin.org) (more about kids cooking)
- [www.todayparentusa.com/site/2010/12/teaching-civility-to-children](http://www.todayparentusa.com/site/2010/12/teaching-civility-to-children) (a great article about civility)

### Books to Check Out:

- Invisible Inkling* by Emily Jenkins
- Henry and the Bully* by Nancy L. Carlson
- How Cooking Works* by DK Publishers
- Respect* by Lucia Laatzman
- Jake and Lily* by Jerry Spinelli
- Selfish Sophie* by Damian Kelleher

### \*Quick Activities Connected to Arizona Common Core Standards\*

**5**

Minute Activity

Using the Six Pillars of Character, try this sound scape activity. Students walk randomly around the room not interacting with others. The teacher says "respect" (or another pillar). Students then say out loud words they think of when they hear the word respect. Try not to speak all at once; think about give and take. Move through all six pillars then discuss the experience. English Language: (1.SL.1a) Participate in collaborative conversation; follow agreed upon rules (e.g. speaking one at a time).

**15**

Minute Activity

In the play, the chefs have a code of conduct. What are some of the items on their list? In pairs, come up with a code of conduct for your classroom, the lunchroom, the playground or another area of school life. Write the rules on poster board and display in your school. Social Studies: Grade 2 (S3.C4.P02b) Describe the importance of participation and cooperation in a classroom and community.

**30**

Minute Activity

As a class, brainstorm a list of potential conflicts two chefs might have in a kitchen. Divide into pairs. Assign each pair one of the conflicts and give them 10 minutes to improvise a 5 sentence scene showing (and perhaps solving) the conflict. Think about using pantomime and dialogue as well as making clear choices about your character. Share the scenes with the class. Theater: (S1.C1.P0103) Demonstrate the ability to collaborate while coming to consensus during the dramatic process.

\*For more extensive resources go to [www.childsplayaz.org](http://www.childsplayaz.org)\*



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**respect**

*Respect* by Lucia Laatsman

*Big Words for Little People* by Jamie Lee Curtis

*The Grasshopper's Song: An Aesop's Fable Revisited* by Nikki Giovanni

*Jackie's Bat* by Marybeth Lorbiecki

*Dragonfly's Tale* by Kristina Rodanas

*Through Grandpa's Eyes* by Patricia Maclachlan

*The Cay* by Theodore Taylor

*The Hundred Dresses* by Eleanor Estes

*Pinky and Rex and the Bully* by James Howe

**bullying and standing up for yourself**

*Cinderella Smith: The More the Merrier* by Stephanie Barden

*Jake and Lily* by Jerry Spinelli

*How to Beat the Bully Without Really Trying* by Scott Starkey

*Invisible Inkling* by Emily Jenkins

*Henry and the Bully* by Nancy L. Carlson

*Max Quigly: Technically Not a Bully* by James Roy

*Ghost Buddy 1: Zero to Hero* by Henry Winkler



**rules**

*Rules for School* by Alec Greven

*Rules* by Cynthia Lord

*No, David!* by David Shannon

*Trouble Gum* by Matthew Cordell

**culinary arts**

*Roald Dahl's Revolting Recipes* by Roald Dahl

*Wolf's Chicken Stew* by Keiko Kasza

*Sweet Dream Pie* by Audry Wood

*Thunder Cake* by Patricia Polacco

*Emeril's There's a Chef In My World: Recipes that Take You Places* by Emeril Lagasse

*Emeril's There's a Chef In My Family: Recipes to Get Everybody Cooking* by Emeril Lagasse

*Emeril's There's a Chef in My Soup!: Recipes for the Kid in Everyone* by Emeril Lagasse

*How Cooking Works* by DK Publishers

*Twist It Up : More Than 60 Delicious Recipes from an Inspiring Young Chef* by Jack Witherspoon

### selfishness vs. working together

*It's Mine* by Leo Lionni

*Selfish Sophie* by Damian Kelleher

*Tom, Babette and Simon: Three Tales of Transformation* by Avi

*Buried Alive! : How 33 Miners Survived 69 Days Deep Under the Chilean Desert* by Elaine Scott

*Rosa Farm: A Barnyard Tale* by Liz Wu

*The Big, Beautiful, Brown Box* by Larry Dane Brimner

*The Way Back Home* by Oliver Jeffers

*The Little Red Hen (Makes a Pizza)* by Philemon Sturges

### problem solving

*Ten Birds* by Cybele Young

*Emma-Jean Lazarus Fell in Love* by Lauren Tarshis

*Mudshark* by Gary Paulsen

*The Pepins and their Problems* by Polly Horvath

*The Math Curse* by Jon Scieszka

*King Bidgood's in the Bathtub!* by Audrey Wood



### Interesting Internet Links:

<http://www.todaysparentusa.com/site/2010/12/teaching-civility-to-children>

-article about teaching civility to children

[www.psychologytoday.com/blog/wired-success/201207/the-rise-incivility-and-bullying-in-america](http://www.psychologytoday.com/blog/wired-success/201207/the-rise-incivility-and-bullying-in-america)

-an article about incivility

<http://www.childrensrecipes.com>

-cooking site for kids

<http://www.kidsacookin.org>

-another site geared toward kids

<http://www.foundationsmag.com/civility.html>

-George Washington's Rules of Civility—an interesting read!  
(contains some adult content)

[-http://charactercounts.org/sixpillars.html](http://charactercounts.org/sixpillars.html)

-Six pillars of character

[http://www.azcharacterfoundation.org/live\\_pillars.html](http://www.azcharacterfoundation.org/live_pillars.html)

-Arizona Character Foundation





*Recipe for Disaster*

## Try it yourself...

### Family Recipes

Create your own family recipe book! Sometimes traditional family recipes exist only in our heads and never get written down. Make a list of your favorite dishes to eat at home and at your grandparents' or relatives' homes. Send an e-mail to each "chef" telling them how much you like their dish and asking for the recipe. Put all of the recipes together in a book, with a picture of each chef next to each recipe. Give it as a gift to everyone in your family at the next holiday season.

### Julia

Create Julia puppets. Check out the following blogs for a great bird puppet idea using paper plates!

<http://useyourcolouredpencils.blogspot.com/2011/05/flying-bird-puppets.html>

<http://www.thatartistwoman.org/2009/06/easier-bird-puppet.html>

### Code of Conduct

A code of conduct isn't just a set of random rules; it is a list of actions to do (or not do) that help create the kind of atmosphere that makes your life happy and safe. Create your very own "Code of Conduct" for your house. Ask each family member to contribute one rule to the code, then post it on your refrigerator.

**For more activities based on**

*Recipe for Disaster*

**visit the 360° Educational Resources website:**

<http://www.childsplayaz.org/index.php/explore/educational-resources>

## For the Ride Home...



When asked to write a play about civility, playwright Barry Kornhauser chose to make a physical comedy based in a kitchen. Why do you think a kitchen was a good setting for this story? What would be the best setting for "uncivil" behavior in your life? Why?



What are all of the different ways that the chefs were uncivil to each other? Which do you think was the worst? Why?



What were your favorite food puns in the show? See how many your family can remember!



Why do you think the character of Julia was important to the play?



The Apprentice was determined to follow in his grandfather's footsteps. If you had to follow the career of one of your parents or grandparents, which would you follow and why? Do you think it is a good idea to have a "family" business?



Childsplay's 360° Theatre Resources: *Recipe for Disaster*  
Meet the Cast and Recipes from the Actors  
2012-2013 Season  
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**Ricky Araiza** (*Apprentice*) Ricky is an Arizona based theatre artist and movement specialist. A graduate from Arizona State University with a B.A. in Theatre in 2004, Ricky went on to become an ensemble member of Childsplay, in Tempe, AZ from 2004 to today. In 2009 he decided to challenge himself, and enrolled in a year long study of Physical Ensemble Based Theatre at Dell'Arte International in Blue Lake, CA. In 2010, Ricky returned to Phoenix and continues to work as an actor, director and teaching artist throughout the Valley.

**David Dickinson** (*Chef 2*) has played many characters for Childsplay over the past five seasons appearing in *Miss Nelson is Missing*, *Rock Paper Scissors*, *Honus and Me*, *Androcles and the Lion* and *The Borrowers*. Childsplay has also sent David on tours with the La Jolla Playhouse and Speeltheater Holland. Recent valley credits: *Opus*, *Next Fall* and *This* at Actors Theatre of Phoenix, and *The Bible: The Complete Word of God (abridged)* at Class 6 Theatre. A resident of Scottsdale, David trains at the Megaw Actors Studio and studied at the Dell'Arte International School of Physical Theatre this past summer.



**Jon Gentry** (*Head Master Chef*) has been a member of Childsplay's acting company since 1982. Jon spent 6 months in Europe performing *Steen Papier Schaar* with Speeltheater Holland. Childsplay shows include: *A Year with Frog and Toad*, *The Yellow Boat*, *The Color of Stars*, *Lyle the Crocodile* and *Lilly's Purple Plastic Purse*. Other roles: Max Bialystock in *The Producers*, Tupolski in *The Pillowman*, Roy Cohn in *Angels in America, Parts One and Two*. Also, *Blue Orange*, *Compleat Wrks of Shspr (Abridged)* and *A Funny Thing Happened on the Way to the Forum*. Directing credits: *In My Grandmother's Purse*, *Stones In His Pockets*, *Belle Of Amherst*, *Rhubarb Jam*, *The Imaginators* (original production) and *Equus*. Jon was awarded a Lunt-Fontanne Fellowship by the Ten Chimneys Foundation, one of 10 actors in the United States to participate in the Inaugural Lunt-Fontanne Fellowship Program.

**Kate Haas** (*Chef 1*) joined the Childsplay ensemble in 2007, playing Mother/Grandmother in *A Thousand Cranes*. She was last seen as Lucille/Elf Ellen in *Junie B. in Jingle Bells*, *Batman Smells*. Previous roles include Mom in *With Two Wings*, Garland in *Lilly's Purple Plastic Purse*, Anne in *The Imaginators*, Isabella in *Androcles and the Lion*, and Phoebe in *Miss Nelson is Missing!* Other Valley credits: *Opus* (Actors Theatre), *Love's Labour's Lost* (Southwest Shakespeare), *If You Give a Pig a Party* (Cookie Company), and *reasons to be pretty* (Stray Cat Theatre). Kate studies at the Megaw Actors Studio and holds a BA in Theatre from Arizona State University.



## Here are favorite recipes from some of the actors! Bon Appétit!

### *From David Dickinson...*

I love cooking with my crock pot because it is so easy!! The best thing is that you put all the ingredients in the crock pot in the morning and when you come home at night your dinner is waiting for you!!

#### David's Stuffed Green Peppers

##### Ingredients:

4 medium green bell peppers  
1 lb. ground beef, lean  
1/4 cup finely chopped onion  
1 1/2 cups cooked rice  
1 teaspoon seasoned salt  
1/2 teaspoon black pepper  
1 large jar spaghetti sauce (about 32 ounces)

##### Directions:

Mix ground beef, onion, rice, and seasonings well. Cut tops off of peppers and hollow out any seeds. Stuff peppers with equal portions of ground beef mixture. Place stuffed peppers in Crock Pot, cover with spaghetti sauce. Cover and cook on low for 6 to 7 hours on until ground beef is cooked through and pepper is tender.

### *From Kate Haas...*

#### Kate's No-Fry FRENCH FRIES

Makes 1 serving

##### INGREDIENTS

1 large baking potato  
1 tablespoon olive oil  
1/2 teaspoon paprika  
1/2 teaspoon garlic powder  
1/2 teaspoon chili powder  
1/2 teaspoon onion powder

##### DIRECTIONS

Preheat oven to 450 degrees F (230 degrees C).  
Cut potato into wedges. Mix olive oil, paprika, garlic powder, chili powder and onion powder together. Coat potatoes with oil/spice mixture and place on a baking sheet.  
Bake for 45 minutes in preheated oven.

### *From Jon Gentry...*

#### THE ITALIAN TRADITON!

1 can of SpaghettiOs (15oz)  
1/3 of a medium sized onion  
1 turkey hot dog  
2 teaspoons of pepper

Open the can of SpaghettiOs and scoop into a medium sized sauce pan. Cover and heat over a low to medium heat, stirring occasionally. Take the 1/3 onion and dice. Slice the hot dog into 1/8<sup>th</sup> inch slices. As the SpaghettiOs begin to bubble slowly, add the onion and hot dog. Remember to stir! DO NOT let the SpaghettiOs stick to the bottom of the pan. Add the 2 tea spoons of pepper, remember to stir. With thoroughly mixed, test to make sure the meal is hot...but not TOO hot. Serve immediately.



**Questions to Ask Before Seeing the Production:**

1. What does civility mean?
2. What is good about being competitive and what are some negatives aspects of competition?
3. What are the rules of your classroom that contribute to civility or living by the six pillars of character?
4. What does the job of a chef include?
5. What jobs do your parents and grandparents have? Would you ever want to follow in their footsteps?
6. What is an apprentice? Other than going to school, how do you prepare yourself for a professional career?
7. What are the different courses in a meal? What is your favorite thing to eat in each course?
8. Who are some famous chefs? What are their distinguishing styles or characteristics?
9. Imagine playing a trick on a friend that involves food. What would your trick be?
10. What is physical comedy? What are examples of physical comedy that you remember from TV shows or movies?

**Questions to Ask After Seeing the Production:**

1. Who are the people in the play? Where does the play take place? What are the problems in the play?
2. What are some examples of characters being disrespectful to each other in the play?
3. The Apprentice is nervous about making a good impression. When have you felt that way in your life?
4. Why do you think the two Chefs could not work together?
5. What is different about the Apprentice's relationship with Julia and his relationship with the Chefs?
6. What does Julia do to help the Apprentice succeed?
7. What is an example of physical comedy that you remember from the play?
8. Why is the apprentice asleep in the kitchen at the beginning of the play?
9. At the end of the play, the Head of School hires the Apprentice to be a master chef even though he failed his exam. Why? What qualities does the Apprentice have that would make him a good Master Chef?"



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Here are some things to think about and some activities to do now that you've seen *Recipe for Disaster*, performed by Childsplay!

Tell your family and/or friends about the play:

- Who were the characters? Which character was your favorite and why? What did the characters do? Was there a character that you disliked? Why? What was your favorite part of the play? Can you remember something that made you laugh out loud?
- Talk about the costumes, scenery, props, and music that were used in the production. Draw pictures to help describe the different costumes and scenery. What was something about the scenery that you liked? What about the costumes did you like? If you were a scenic or costume designer, what would you have done differently?

### A recipe from playwright Barry Kornhauser... JULIA'S NOT-SO-HASTY PUDDING

Ingredients: 1/4 cup butter  
 1/3 cup brown sugar  
 1 cup milk  
 Small amount of various dried fruits (i.e. raisins, dates, etc.)  
 1 teaspoon baking soda  
 1 cup self-rising flour  
 2 teaspoons ground cinnamon  
 1 pinch salt

#### Directions:

1. Grease a pudding mold.
2. Combine butter, sugar, milk and dried fruit in a large saucepan.
3. Bring to a boil.
4. Remove from heat and stir in baking soda.
5. Sift in flour, cinnamon, salt; mix gently until blended.
6. Pour into greased pudding mold.
7. Cover with a double layer of greased wax paper; steam for 2 hours.

We love to hear from our audiences. Send your letters, pictures and/or reviews to:

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Or you can email us: [info@childsplayaz.org](mailto:info@childsplayaz.org)

For more information about Childsplay including information about our Academy classes and productions, go to our website: [www.childsplayaz.org](http://www.childsplayaz.org)

**The culinary world is full of interesting vocabulary.**

**Here are some words that were used in the play:**

**Ox-Tail-** The tail bone of cattle used to make soup stock

**Bird's-Nest-** a soup from China that is made purely of an actual bird's nest (a swiftlet) and water. Very expensive due to the rarity of the nests.

**Clam Chowder-** soup made from clams and broth. The recipe differs depending on where in the US it is made.

**Broth-** when vegetables, animal bones or meat are left to simmer in water, it creates a broth with which soups are made

**Dressing-** a sauce that is added to a salad to enhance flavor (like vinaigrette, Italian and Ranch).

**Fettuccini-** a long, ribbon like, type of pasta noodle

**Soufflé-** a cake with an air-like texture that is created by egg whites that have risen. Flavors include chocolate and lemon.

**Omelet-** eggs are whisked and then cooked in a frying pan with butter or oil until close to cooked. Then the omelet is folded in half and finished cooking. Meat, cheese, and veggies can be added to enhance the meal.

**Cream Puff-** a pastry prepared for desserts. Often cut in half and filled with whipped cream.

E L P B Y V G Y I M R C B J P  
G H I Q I C G D I E Z X N P X  
C E E A A R R M D F V V B U J  
R G C F T E D W F W W E Q T A  
R R I L S X O S E L F F U O S  
X M R S H H O J N N Y R L J G  
K R I T C T S N Z E B K C Y J  
Z N O M O E A S J J S B R S M  
G R A C W L H T P Z R T E W Q  
B L R L J E Y P D Z F Q A V U  
C J S E F M F H N K F Q M K Z  
S U K W Z O O T J B P V P R N  
D O M L S A T W C M A G U N P  
S L K U U Q Y A P T F U F C A  
F E T T U C C I N I G G F F U

Circle the following words in the puzzle to the left. Words can be forwards, backwards, up, down or diagonal.

Bird's Nest  
Cream Puff  
Broth  
Dressing  
Ox Tail  
Clam Chowder  
Fettuccini  
Souffle  
Omelet



A toque \ 'tōk\ is a tall, brimless, usually white hat worn by a chef. If you owned a restaurant, what would you call it? Design your own toque and put the name of your restaurant on the band.





5

Minute Activities:

1) If you could create the perfect lunch menu for your cafeteria, what would it include? In just 5 minutes, think about and write down your dream menu.

Health Promotion (S1.C1.PO2): Identify that foods are classified into food groups

2) Using the Six Pillars of Character, try this sound scape activity. Students walk randomly around the room not interacting with others. The teacher says "respect" (or another pillar). Students then say out loud words they think of when they hear the word respect. Try not to speak all at once; think about give and take. Move through all six pillars then discuss the experience.  
English Language: (1.SL.1a) Participate in collaborative conversation; follow agreed upon rules (e.g. speaking one at a time).

3) Talk about the idea of civility. As a class make a list of some uncivil acts. Go back and discuss what an alternative, more civil choice would be for each one.  
Social Studies (S3.C4.PO2a): Recognize elements of fair play and good sportsmanship.

15

Minute Activities:

1) In the play, the chefs have a code of conduct. What are some of the items on their list? In pairs, come up with a code of conduct for your classroom, the lunchroom, the playground or another area of school life. Write the rules on poster board and display in your school.  
Social Studies: Grade 2 (S3.C4.PO2b) Describe the importance of participation and cooperation in a classroom and community.

2) When he was 16, George Washington wrote by hand 110 *Rules of Civility & Decent Behavior in Company and Conversation* (based on a set of rules by French Jesuits in 1595). Translate Washington's rules into modern day language. Choose some of the rules (some contain adult content so you'll want to pick and choose as opposed to printing the whole list) and have students re-write and modernize them so they apply to our world today. Share with the class. Here's the link: [wwwFOUNDATIONSmag.com/civility.html](http://wwwFOUNDATIONSmag.com/civility.html).  
English Language: (3.RL.5) Determine the meaning of words and phrases as they are used in a text.

30

Minute Activities:

1) As a class, brainstorm a list of potential conflicts two chefs might have in a kitchen. Divide into pairs. Assign each pair one of the conflicts and give them 10 minutes to improvise a 5 sentence scene showing (and perhaps solving) the conflict. Think about using pantomime and dialogue as well as making clear choices about your character. Share the scenes with the class.

Theater: (S1.C1.PO103) Demonstrate the ability to collaborate while coming to consensus during the dramatic process.

2) The popular TV series Iron Chef challenges the contestants to use a secret ingredient to create the winning dish. The 3 Line Improv game challenges players to think on their feet and improvise a scene that contains only 3 lines. Combine the two! Come up with a list of secret ingredients. Ask for two volunteers at a time to get up and assign them an ingredient. Without planning, they must play a 3 line scene that somehow incorporates the ingredient. Encourage students to think fast and make bold choices.  
Theater: (S1.C2.PO202) As a character, play out wants by contributing to improvisations.

If You Have 30 Minutes or More...

Create Julia puppets. Check out the following blogs for a great bird puppet idea using paper plates!

<http://useyourcolouredpencils.blogspot.com/2011/05/flying-bird-puppets.html>  
[www.thatartistwoman.org/2009/06/easier-bird-puppet.html](http://www.thatartistwoman.org/2009/06/easier-bird-puppet.html)

You can make them as simple or elaborate as you choose. Once you've made your puppets, play a scene with Julia and the Apprentice. Get into pairs. Talk about the relationship between the two characters. What were some of things that happened in the play that involved them? Choose one of the scenes and play out your own version of it. Maybe take turns playing each role so both of you get a chance to manipulate your puppet. Share your scenes with the class.

Theater: (S1.C3.PO203) Use available art materials (e.g. puppets) to create and convey a setting.